

Dance

Classical Indian Dance

Emy Nobert Ravishankar

6-12 yrs

Bharatanatyam is the classical Indian dance that will be presented in this class. Students will learn the fundamentals of this structured dance, which includes facial expression and body movements.

Sat Apr 17-Jun 19 1:30pm-2:30pm
21608.202SN \$80/10 sessions

Ballet

Desiree Dunbar

6-8 yrs

This class is an introduction to ballet. Children will learn the importance of posture, musicality and movement. Basic ballet exercises and positions will be taught. Please come in a body suit and ballet slippers.

Tue Apr 13-Jun 15 6:00pm-6:45pm
21601.201SN \$60/10 sessions

Creative Dance

Julia Zennstrom

5-7 yrs

Children will be introduced to the joy of dance in a playful, fun environment. They will learn elements of dance, develop movement skills, coordination, rhythm, spatial awareness and cooperation.

Wed Apr 14-Jun 16 4:00pm-4:45pm
21606.201SN \$60/10 sessions

Hip Hop

Tanya Sanghera

This program allows kids to play with the super funky rhythms, movements and style of Hip Hop dance! There is a steady progression throughout the session from grooving and feeling the beat in different styles to learning steps and then combining steps into a choreographed routine. Participants will have the opportunity to create their own steps and choreography which will be showcased at the end of the session. Participants are asked to come to class in clothing and footwear that is easy to move in and comfortable.

Sat Apr 17-Jun 19 11:15am-12:15pm
21603.201SN 6-8 yrs \$55/10 sessions
Sat Apr 17-Jun 19 12:15pm-1:15pm
21603.202SN 9-12yrs \$55/10 sessions

Music



Andrea Chang has been teaching piano for 4 years to young children and adults. She has completed Grade 10 Royal Conservatory of requirements, including Rudiments preliminary, 1, 2, Harmony 3, 4, 5, counterpoint 4 and History 3, 4, 5. Andrea always tries to create a positive and enthusiastic environment for her students. She caters her lessons to each individual student to make it enjoyable. Andrea is also able to converse in basic Mandarin.

Piano



5 yrs +

Half hour lessons with a combination of music theory and practical piano playing. This is a good introduction for your child to learn to enjoy music.

Monika Oldershaw

Sat Apr 17-Jun 26 9:30am-2:00pm
21001.201SN \$209/11-30 minute sessions

Joanna Wan

Sun Apr 11-Jun 20 9:00am-12:30pm
21004.201SN \$187/11-30 minute sessions

No class May 24th

Mon Apr 12-Jun 28 2:30pm-7:00pm
21002.201SN-.210SN \$187/11-30 minute sessions

Wed Apr 14-Jun 23 2:30pm-7:00pm
21003.201SN \$187/11-30 minute sessions

Andrea Chang

Sun Apr 11-Jun 20 1:30pm-4:00pm
21005.201SN-.206SN \$187/11-30 minute sessions

Educational



Ronit Kabazo is a registered paediatric Occupational Therapist with over ten years experience working with children to promote their sensory-motor and handwriting skills. Ronit is passionate about her profession and is constantly involved in the community, providing

Occupational Therapy services to individuals, pre-schools and elementary schools.

Handwriting Skills

Ronit Kabazo

5-8 yrs

Children need a lot of practice when it comes to establishing good handwriting habits. Children will learn how to form sentences using correct letter formation, letter size, good alignment and spacing through a fun and playful experience that involves all the senses. Special attention will be provided for: correct pencil grasp, in-hand manipulation skills and upper body strength. Children and parents will be given practical tips to be used at home.

Thu Apr 15-Jun 17 4:00pm-5:00pm
25402.201SN \$120/10 sessions

Educational



Ashley Lam is a certified Elementary Teacher who graduated from UBC with a Bachelor of Education and a Bachelor of Human Kinetics. She has a passion for teaching and has been doing so in a community setting for the last four years. She has been working in the Sunset Community for the past year, teaching children's Math and English courses. She loves working with school-aged children and plans to continue her teaching career in the future.

Math Club

Ashley Lam

6-8 yrs

This is an inclusive program offering extra support to all who are interested with opportunities to work both individually and cooperatively using classical tools, as well as math games and riddles. This course will focus on arithmetic (addition, subtraction, multiplication and division), patterns, geometry, successful problem-solving strategies and logical thinking. Please bring a scientific calculator.

Tue Apr 13-Jun 15
25110.201SN

4:45pm-5:45pm
\$70/10 sessions

Math Club

Ashley Lam

9-12 yrs

This is an inclusive program offering extra support to all who are interested with opportunities to work both individually and cooperatively using classical tools, as well as math games and riddles. This course will focus on everyday math (percentages, fractions, ratios, divisibility and factoring, decimals, etc.) geometry, successful problem-solving strategies and logical thinking. Please bring a scientific calculator.

Tue Apr 13-Jun 15
25110.202SN

5:45pm-6:45pm
\$70/10 sessions

Writing Club

Ashley Lam

8-12 yrs

Explore the world of writing. Students will learn to develop their ideas and write various compositions using appropriate language and sentence structure. Students will also learn to use more detailed descriptive language and build their vocabulary.

Tue Apr 13-Jun 15
25110.203SN

6:45pm-7:45pm
\$70/10 sessions

English Language Basics

Ashley Lam

6-8 yrs

Learn the basic grammar rules of the English language. Students will work on sentence structure, identifying parts of speech, punctuation, verb tenses and other language arts skills. This course includes reading, writing and spelling skills. Students will learn comprehension and pronunciation both through individual and cooperative learning. Please bring a binder, paper and pen/pencil.

Tue Apr 13-Jun 15
25103.201SN

3:45pm-4:45pm
\$70/10 sessions

Private Tutoring

Ashley Lam

6-12 yrs

Extra support, help with homework and test preparation. Subjects include english, math and science. Fees based on 1 child for 30 mins, \$20 per session. Semi-private (2 children), \$30 per session. Booking dates maybe adjusted, please call the programmer to inquire 604-718-6509.

Mon Apr 12-May 3
Mon May 10-May 31
Mon Jun 7-Jun 28

5:45pm-6:15pm
6:15pm-6:45pm
6:45pm-7:15pm
7:15pm-7:45pm
\$80/4-30 minute private sessions
\$120/4-30 minute semi-private sessions



Hindi Language

Lakshmi Mudunoori

6-13 yrs

Learn the basics of the Hindi language in a relaxed atmosphere. Learn to speak, read and write Hindi. Class will introduce the alphabet, vocabulary words and sentence structure using picture books and printed materials. Participant should bring a binder, paper and pen. No knowledge required.

Sat Apr 17-Jun 19
25001.201SN

11:00am-12:00pm
\$69/10 sessions

Martial Arts



Sensei Kenny Lim is a highly trained instructor with more than 16 years of experience in the field of Karate. He has been a NCCP certified coach for the past 12 years. He coached with BC Provincial Karate Team and Canadian Karate Team. He is a former BC Provincial Karate Champion and a former Canadian National Karate Champion. Some of his current students are 2 time defending Canadian National Karate Champion and Pan-Am Championship Silver Medalist.

Karate

Kenny Lim

5 yrs+

Participants will learn the basics of karate; discipline, etiquette, flexibility, forms, punches and kicks. A uniform will be required for more advanced training. Beginner is little or no experience. All other levels require instructor's approval. **All classes cancelled during the two week period of May 12- 20.**

Beginner

Wed Apr 7-Jun 23	4:00pm-5:00pm
23410.201SN	\$75/10 sessions
Thu Apr 8-Jun 24	4:30pm-5:30pm
23410.203SN	\$75/10 sessions

Novice

Wed Apr 7-Jun 23	5:00pm-6:00pm
23411.201SN	\$75/10 sessions
Sun Apr 11-Jun 27	1:30pm-2:30pm
23411.202SN	\$82.50/11 sessions

Intermediate

Wed Apr 7-Jun 23	6:00pm-7:00pm
23412.201SN	\$75/10 sessions
Sun Apr 11-Jun 27	2:30pm-4:00pm
23412.202SN	\$104.50/11 sessions

Advance

Wed Apr 7-Jun 23	7:00pm-8:00pm
23413.201SN	\$75/10 sessions
Sun Apr 11-Jun 27	4:00pm-5:30pm
23413.202SN	\$104.50/11 sessions

Spring Break Daycamps

Sunset is offering all day daycamp and half day sports camps for 6-12 year olds. Check website or call Centre for more information



Ebrahim Saadati has earned a 6th degree Black Belt from the World Taekwondo Headquarter (Kukkiwon). He has been training in martial arts for over 30 years. He was a member of the Iranian National Team for 5 years. He immigrated to Canada in 1995 and became the Canadian Champion in 1998. He has won numerous medals internationally, including a gold medal from World military CISM championships in 1992 and a Silver medal from Asian Olympic Games in 1994. He established Third Eye Taekwondo in 1999 (recognized as a member of the B.C Taekwondo Federation). He was selected as B.C team trainer in 2009. Today he has over 300 hundred students who train and compete at all levels and age groups. Please visit his website at www.tetaekwondo.com

Taekwondo

Ebrahim Saadati

6-12 yrs

Ultimate Martial Art & Olympic Sport

This martial art combines the elements of flexibility, power and agility. Members will benefit from the mental discipline, self- confidence, physical stamina, character building and self- defence. Ultimate Martial Art training which is designed to develop member's physical strength, practical self-defence techniques (Mix of



Taekwondo and Brazilian Jiu-jitsu) in stand up and ground position. Taekwondo Olympic Sport sparring training is for those who are willing to compete at provincial, National and international tournaments. Black

belts will receive their certificates from World Taekwondo Headquarter (Kukkiwon). Optional testing, belt fee extra, Uniform is required.

Beginner

Sat Apr 17-Jun 26	10:30am-11:30am
23401.201SN	\$88/11 sessions
Mon Apr 12-Jun 28	5:00pm-6:00pm
23401.204SN	\$88/11 sessions

Intermediate/Advance

Sat Apr 17-Jun 26	11:30am-12:30pm
23401.202SN	\$88/11 sessions
Mon Apr 12-Jun 28	4:00pm-5:00pm
23401.203SN	\$88/11 sessions

Sports

Basketball

Bal Dhillon

6-12 yrs

Learn some fundamental skills while having fun. Children will be taught how to dribble, shoot and score their way into a game! Learn the rules about the sport on the court. No class May 8.

Sat Apr 17-Jun 26 10:00am-11:00am
23002.201SN \$37.50/10 sessions

Soccer

Bal Dhillon

6-12 yrs

Come out and learn the basic skills of the sport: dribbling, passing, kicking and heading. This dynamic class will teach you the rules of this popular sport. Join us and show off your skills while competing in our drills. Please note that this class will have two instructors teaching therefore all levels are welcome. No class on May 8.

Sat Apr 17-Jun 26 11:00am-12:00pm
23001.201SN \$37.50/10 sessions

All Sorts of Sports

Bal Dhillon

6-12 yrs

Come out and play all your favourite sports soccer, floor hockey, basketball and other exciting games in a fun environment. Learn the basic skills of each sport and make some new friends. No class on May 8.

Sat Apr 17-Jun 26 12:00pm-1:00pm
23003.201SN \$37.50/10 sessions

Rhythmic Gymnastics

Club Elite

7-12 yrs

Rhythmic gymnastics combines the grace of ballet and the strength of artistic gymnastics with the challenging manipulation of colourful hand apparatus. Participants will learn basic body movements of apparatus technique while moving to various musical rhythms. This is a wonderful sport to test hand-eye coordination, balance, agility, flexibility and rhythm.



Instructors are certified with the National Coaching Certification Program.

Fri Apr 16-Jun 18 4:00pm-5:00pm
23010.201SN \$70/10 sessions

Tennis: Children

Gord Hauka

Children will develop tennis skills through modified courts, nets, balls & rackets. Have fun learning strokes, footwork & playing strategies! Lessons will be held at Memorial South Park located at 41st and Prince Albert Street. Courts are located in the middle of the park. In the event of poor weather, call 604-718-6505 - 45 minutes prior to the start of class. No class May 22.

Sat Apr 17-Jun 12 11:00am-11:55am
23501.201SN 6-8 yrs \$84/8 sessions
Sat Apr 17-Jun 12 12:00pm-12:55pm
23501.202SN 9-12yrs \$84/8 sessions

Creative Arts

Art Studio for Young Artists

Nathalie Trudelle

5-9 yrs

Discover unique techniques and create! Using paints, charcoal and water-colour make fun creative projects. Have fun and experiment with all the elements of drawing and painting. Nathalie is a Fine Arts teacher, who loves working with children and helps them believe in themselves through art. She has many years experience in schools and at the Arts Umbrella.



Sat Apr 17-Jun 19 9:30am-11:30am
22302.201SN \$120/10 sessions

Culinary Arts

Young Chefs

Darwin Vergara

Cooking can be fun for all ages! Kids can learn a lot of valuable lessons from cooking, including math and measurements, reading, direction and cleanliness. Kids will learn the fundamentals of cooking in a fun and safe environment. Time spent in the kitchen also offers the opportunity for basic kitchen safety and basic knife handling. Each week will rotate from vegetable, fruit, meat(chicken or beef), fish and deserts.

Thu Apr 15-Jun 17 3:45pm-4:45pm
22601.201SN 6-9 yrs \$85/10 sessions
Thu Apr 15-Jun17 5:00pm-6:15pm
22601.202SN 9-12yrs \$99/10 sessions

Martial Arts

Taekwondo

Ebrahim Saadati

13 yrs+



This class includes elements of Ultimate and Olympic style martial arts. Ultimate Martial arts training is designed to develop physical strength and teach practical self-defence techniques in both stand up and ground positions. Olympic style includes sparring training, which is introduced at

intermediate and advanced levels. The goals of the program are to improve flexibility, power, agility, and improve mental discipline and self-confidence. Testing and/ or competing is optional (extra fees will apply). Uniform required. www.tetaekwondo.com

Beg: White, yellow and orange belts. Int: Green, purple and blue belts. Adv: Brown, red and black belts.

Beginner/ Intermediate

Sat Apr 17-Jun 26	12:30pm-1:30pm
33401.202SN	\$93/11 sessions
Mon Apr 12-Jun 28	6:00pm-7:00pm
33401.201SN	\$93/11 sessions

Performing Arts

Guitar Lessons

Chris Wright

8 yrs+

Express your creativity through music and learn to play your favourite songs on guitar! Learn theory, technique, tuning, basic chords, strumming and picking. Please bring your own guitar. No class Apr 27 and Apr 29

Tue Apr 13-Jun 22	3:30pm-7:30pm
31001.202SN-.210SN	\$170/10-30 minute sessions
Thu Apr 15-Jun 24	3:30pm-7:30pm
31002.201SN-.209SN	\$170/10-30 minute sessions

Hip Hop, Beginners

Learn the basics and develop a routine with Latif.

Fri Apr 16-Jun 25	6:00pm-7:30pm
31611.201SN	\$20

Hip Hop Intermediate

Step up and start linking your routines for performances and contests.

Fri Apr 16-Jun 25	7:30pm-9:00pm
31611.202SN	\$20



Birthday Parties

3-10 yrs

Your party will include two party leaders. They will set up the party room with tables, chairs, balloons, streamers and banners. The gym will have games and activities with some "playgym" equipment such as a small slide and a toddler size trampoline. ***Please note that each party can host up to a maximum of 20 children***

We recommend early registration to ensure a spot for your preferred weekend. On the day of the party, please bring food (Cake and others) and accessories (Cutlery, napkins, goodie bags and anything else you prefer to have at your party.) If other parents are interested in attending the party please be aware of the maximum room capacity listed below.

1. **Saturday** 1:00pm-3:00pm
Multi purpose room (40 people total) \$140.00
2. **Sunday** 11:00am-1:00pm
Multi purpose room (40 people total) \$140.00
3. **Sunday** 12:00pm-2:00pm
Arts and Crafts room (30 people total) \$130.00

We will contact you 1 wk prior to the party to finalize the event

Birthday Party Refund Policy

Refund requests must be made 14 days prior to scheduled party. All refunds will be subject to an administration fee of \$5.

Program Ideas

New program ideas are always welcome; please forward information to the Programmer.

Email: sunsetcc@vancouver.ca