

## Art

### Art Studio for Young Artists (5-8yrs)

*Emmarin Munroe*

Discover unique techniques and create! Using paints, charcoal and water-colour make fun creative projects. Have fun and experiment with all the elements of drawing and painting. Drop-in \$15.

Sat Jan 14-Mar 17 9:30am-11:30am  
22302.101SN \$120/10 sessions

### Art Studio for Young Artists (8-11yrs)

*Emmarin Munroe*

Sat Jan 14-Mar 17 11:45am-1:45pm  
22302.102SN \$120/10 sessions

### Creative Drama and Puppetry (7-11yrs)

*Maggie Winston*

Learn the basics of acting and performance through games and exercises. Explore character, improvisation, and ensemble. Puppets and masks will be explored in the creation of our own short play. Maggie Winston is a professional puppeteer, performance artist, and drama educator. She is one of the artists with Something Collective who are in The Incubator at The Moberly Arts & Cultural Centre.



Tue Jan 10-Mar 6 3:30pm-4:45pm  
22307.101SN \$73/9 sessions

## Culinary

### Young Chefs (6-9yrs)

*Darwin Vergara*

Kids can learn a lot of valuable lessons from cooking, including math and measurements, reading and direction plus cleanliness. Children will learn the fundamentals of cooking in a fun and safe environment. Time spent in the kitchen also offers the opportunity for basic kitchen safety and basic knife handling. Each week will rotate from vegetable, fruit, meat(chicken or beef), fish and desserts.

Thu Jan 12-Mar 8 3:45pm-4:45pm  
22601.101SN \$76.50/9 sessions

### Young Chefs (9-12 yrs)

Thu Jan 12-Mar 8 5:00pm-6:15pm  
22601.102SN \$89.10/9 sessions

### Calla Power

Calla Power has been a practicing visual artist since her graduation from Emily Carr University in 2003. She has been teaching at community centres for two years enjoying this setting for its small class sizes and how it differs from learning at



home and at school. Her art classes typically explore a variety of materials in mediums such as drawing, painting and sculpture. After each class, Calla wants students to leave feeling as if they've made personal progress and had lots of fun doing it!

### Art Material Exploration for Kids (6-8yrs)

*Calla Power*

Come and explore different artist materials in this fun and exciting art class! Learn to draw from life, express yourself in paint and develop your skills in sculpture! In this class we will play art games, develop techniques and dive-into our imaginations!

Wed Jan 18-Mar 7 3:30pm-5:00pm  
22001.101SN \$96/8 sessions

### Art Material Exploration for Kids (9-12 yrs)

*Calla Power*

Come and explore different artist materials in this fun and exciting art class! Learn to draw from life, express yourself in paint and develop your skills in sculpture! In this class we will play art games, develop techniques and dive-into our imaginations!

Wed Jan 18-Mar 7 5:45pm-6:45pm  
22001.102SN \$96/16 sessions



## Dance

### Sandip Rakhra

Sandip Rakhra has a passion for dancing and teaching. She danced on a competitive Bhangra team for 3 years and competed locally, as well as traveled across North America to places like Beverly Hills, Detroit, and Long Beach. Sandip has received her Bachelor of Education and has been working with children at Sunset since 2007.

#### Bhangra Dance (5-8yrs)

*Sandip Rakhra*

Bhangra is a high energy folk dance that originates from Punjab. This class will introduce students to Bhangra music and sets of simple and easy Bhangra moves. As each class progresses students will learn new moves through choreographed routines. Drop in \$8.50.

Sat Jan 14-Mar 10 2:30pm-3:30pm  
21619.101SN \$67.50/9 sessions

#### Bhangra Dance (9-13yrs)

*Sandip Rakhra*

Sat Jan 14-Mar 10 3:30pm-4:30pm  
21620.101SN \$67.50/9 sessions

#### Ballet with Billie (6-8yrs)

*Billie Murphy*

This class is an introduction to ballet. Children will learn the importance of posture, musicality and movement. Please come in a body suit and ballet slippers.

Tue Jan 10-Mar 6 6:00pm-6:45pm  
21601.101SN \$61.20/9 sessions



#### Hip Hop (6-8yrs)

*Tanya Sanghera*

This program allows kids to play with the super funky rhythms, movements and style of Hip Hop dance! There is a steady progression throughout the session from grooving and feeling the beat in different styles to learning steps and then combining steps into a choreographed routine. Participants will have the opportunity to create their own steps and choreography which will be showcased at the end of the session.

Sat Jan 14-Mar 10 11:30am-12:30pm  
21603.101SN \$49.50/9 sessions

#### Hip Hop (9-12yrs)

Sat Jan 14-Mar 10 12:30pm-1:30pm  
21603.102SN \$49.50/9 sessions



#### Jazz (9-14 yrs)

*Yana Dragieva*

Yana Dragieva has taught Classical ballet for children and professional students for 16 years. She graduated as a professional ballet dancer in Bulgaria and she had danced in companies in Europe and Canada.

Sun Jan 8-Mar 4 11:55am-12:40pm  
21606.101SN \$55.80/9 sessions

#### Pre - Ballet (5.5-8yrs)

*Yana Dragieva*

Sun Jan 8-Mar 4 11:55am-12:40pm  
11606.101SN \$55.80/9 sessions

## Educational/Language

### Hindi Language I (4-9 yrs)

*Varalaxmi Mudunoori*

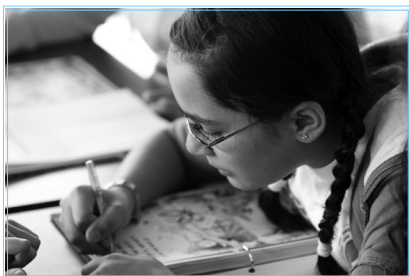
Learn Hindi alphabets, words, sentences and write Hindi script. Bring your binders, pencils and pens. No previous knowledge required.

Sat Jan 14-Mar 17 11:15am-12:15pm  
15001.101SN \$69/10 sessions

### Hindi Language II (6-13yrs)

This is for those who have completed one or two sessions of Hindi at Sunset or equivalent.

Sat Jan 14-Mar 17 10:15am-11:15a  
25001.101SN \$69/10 sessions



### Handwriting Skills (5-8yrs)

*Ronit Kabazo*

Children will learn how to form sentences, using correct letter formation, letter size, good alignment and spacing, through a fun and playful experience that involves all the senses. Special attention will be provided for: correct pencil grasp, in-hand manipulation skills and upper body strength. Children and parents will be given practical tips to be used at home. Ronit is a registered Paediatric Occupational Therapist with over ten years experience working with children to promote their sensory-motor and handwriting skills.

Thu Jan 12-Mar 1 4:00pm-4:50pm  
25402.101SN \$135/8 sessions

### Private Tutoring (6-12yrs)

*Emmarin Munroe*

Extra support, help with homework and test preparation. Subjects include English, Math and Science. For 2 children; \$120 semi-private tutoring.

Mon Jan 9-Jan 30 5:45pm-7:45pm  
25111.101SN-.104SN \$80/4 sessions (30 min)  
Mon Feb 6-Feb 27 5:45pm-7:45pm  
25111.105SN-108SN \$80/4 sessions (30 min)

### Ashley Lam



Ashley Lam is a certified Elementary Teacher who graduated from UBC with a Bachelor of Education and a Bachelor of Human Kinetics.

### Writing Club (8-12yrs)

*Ashley Lam*

Students will learn to develop their ideas and write various compositions using appropriate language and sentence structure. Students will also learn to use more detailed, descriptive language and build their vocabulary.

Tue Jan 10-Mar 13 5:45pm-6:45pm  
25110.103SN \$86/10 sessions

### English Language Basics (6-8yrs)

*Ashley Lam*

Students will work on sentence structure, identifying parts of speech, punctuation, verb tenses and other language arts skills. This course includes reading, writing and spelling skills. Students will learn comprehension and pronunciation both through individual and cooperative learning. Please bring a binder, paper and pen/pencil.

Tue Jan 10-Mar 13 3:45pm-4:45pm  
25103.101SN \$86/10 sessions

### Math Club (6-8yrs)

*Ashley Lam*

This course will focus on everyday math (percentages, fractions, ratios, divisibility and factoring, decimals, etc.) geometry, successful problem-solving strategies and logical thinking. Please bring a scientific calculator.

Tue Jan 10-Mar 13 4:45pm-5:45pm  
25110.101SN \$86/10 sessions

### Math Club (9-12 yrs)

Tue Jan 10-Mar 13 4:45pm-5:45pm  
25110.102SN \$86/10 sessions

## Martial Arts

### Karate (5yrs+)

*Kenny Lim*

Participants will learn the basics of karate; discipline, etiquette, flexibility, forms, punches and kicks. A uniform will be required for more advanced training. Beginner is little or no experience. All other levels require instructor's approval.

#### Karate: Beg

Wed Jan 18-Mar 21	4:00pm-5:00pm
23410.101SN	\$80/10 sessions
Thu Jan 12-Mar 15	4:30pm-5:30pm
23410.103SN	\$80/10 sessions

#### Karate - Novice

Wed Jan 18-Mar 21	5:00pm-6:00pm
23411.101SN	\$112/14 sessions
Sat Jan 14-Mar 24	1:45pm-2:45pm
23499.101SN	\$40/10 sessions
Sun Jan 8-Mar 25	1:30pm-2:30pm
23411.102SN	\$96/12 sessions

#### JO - Karate Novice

*Kenny Lim*

**This program takes place at John Oliver High School. Parking lot is on St George St (one Block west of Fraser and 41st Ave). No class Feb 18.**

Sat Jan 14-Mar 24	1:45pm-2:45pm
23411.101SN	\$80/10 sessions

#### Karate Intermediate

Wed Jan 18-Mar 21	6:00pm-7:00pm
23412.101SN	\$96/10 sessions
Sun Jan 8-Mar 25	2:30pm-4:00pm
23412.102SN	\$144/12 sessions

#### Karate - Advance

Wed Jan 18-Mar 28	7:00pm-8:00pm
23413.101SN	\$96/11 sessions
Sun Jan 8-Mar 25	4:00pm-5:30pm
23413.102SN	\$144/12 sessions

### Taekwondo (6-12 yrs)

*Ebrahim Saadati*

This Martial art combines elements of flexibility, power, agility, and improves mental discipline and self-confidence. Our Taekwondo program is designed to develop physical strength and teach practical self-defense techniques in stand up and ground positions. Another aspect of Taekwondo is Olympic sport sparring training, which is introduced at intermediate level. Black belts will receive their certificates from the World Taekwondo Headquarters (Kukkiwon). All tests are conducted by Master E.Saadati, black belt (6th degree) and World Taekwondo champion. Testing is optional (belt fee extra). Uniform required.

#### Taekwondo - Beginner

Mon Jan 9-Mar 26	5:00pm-6:00pm
23402.102SN	\$108/12 sessions
Sat Jan 14-Mar 31	10:30am-11:30a
23402.101SN	\$108/12 sessions

#### Taekwondo - Intermediate

Sat Jan 14-Mar 31	11:30am-12:30p
23401.101SN	\$108/12 sessions
Mon Jan 9-Mar 26	4:00pm-5:00pm
23401.102SN	\$108/12 sessions

#### Taekwondo - Advanced

Sat Jan 14-Mar 31	12:30pm-1:30pm
23404.101SN	\$108/12 sessions

#### Taekwondo (13+yrs) Advanced

Mon Jan 9-Mar 26	6:00pm-7:00pm
23404.102SN	\$108/12 sessions



## Sports

### JO - Soccer 6-12

*Gaurav Shukla*

Soccer skills through fun drills and scrimmages. Your children will play soccer with emphases on techniques and team play. **No class on Feb 18, 2012. This program takes place at John Oliver High School. Parking lot is on St George St (one Block west of Fraser and 41st Ave).**

Sat Jan 14-Mar 24	11:30am-12:30p
25099.101SN	\$38/10 sessions

### Soccer (6-12yrs)

*Bal Athwal/Bal Dhillon*

Come out and learn the basic skills of the sport: dribbling, passing, kicking and heading. This dynamic class will teach you the rules of this popular sport.

Sat Jan 14-Mar 31	11:00am-12:00pm
23001.101SN	\$45/12 sessions
Sun Jan 8-Mar 25	10:00am-11:00am
23001.102SN	\$54/12 sessions

## Sports



### All Sorts of Sports (6-12yrs)

*Bal Athwal/Bal Dhillon*

Come out and play all your favourite sports; soccer, floor hockey, basketball and other exciting games in a fun environment. Learn the basic skills of each sport and make some new friends. Drop-in \$6.00

Sat Jan 14-Mar 31 12:00pm-1:00pm  
23003.101SN \$45/12 sessions

### Basketball (6-12yrs)

*Bal Athwal/Bal Dhillon*

Learn some fundamental skills while having fun. Children will be taught how to dribble, shoot and score their way into a game!

Sat Jan 14-Mar 10 10:00am-11:00a  
23002.101SN \$40.50/9 sessions

### Hockey Sundays (6-12yrs)

*Bal Dhillon*

Come out and learn the basic skills of the sport: This dynamic class will teach you the rules of this popular sport.

Sun Jan 8-Mar 25 9:00am-10:00am  
23000.101SN \$54/12 sessions

### Rhythmic Gymnastics (7-12yrs)

*Rhythmic Club Elite*

Rhythmic gymnastics is a wonderful sport to test hand eye coordination, balance, agility, flexibility, and rhythm.

Fri Jan 13-Mar 9 4:00pm-5:00pm  
23010.101SN \$78/12 sessions

## Music

### Guitar Lessons (8yrs-Adult)

*Chris Wright*

Learn to play acoustic or electric guitar. Course content includes: chords and melodies, understanding and employing beat and rhythm, music theory, technique, reading music, tuning, maintenance and re-stringing. Guitars are not provided, but the instructor can help with advice and purchasing. 30 min lessons.

Tue Jan 10-Mar 13 3:30pm-7:30pm  
31002.101SN-.108SN \$170/10 sessions/30 min.

### Private Piano Lessons (5yrs+)

Half hour lessons with a combination of music theory and practical piano playing. This is a good introduction for your child to learn to enjoy music. 30 min lessons.

### Piano with Joanna

*Joanna Wan*

Wed Sep 14-Dec 14 7:00pm-7:30pm  
21003.108SN \$238/14 sessions/30 min.  
Mon Jan 9-Mar 5 3:30pm-8:00pm  
21002.101SN-.109SN \$153/9 sessions/30 min.  
Sun Jan 8-Mar 11 9:00am-12:30pm  
21004.100SN-.106SN \$170/10 sessions/30 min.  
Wed Jan 11-Mar 7 3:30pm-7:00pm  
21003.101SN-.107SN \$153/9 sessions/30 min.

### Piano with Monika (5yrs-Adult)

*Monika Oldershaw*

Sat Jan 7-Mar 31 9:30am-2:30pm  
21001.101SN-.110SN \$238/14 sessions/30 min.

### Piano with Nicole

*Nicole Bannatyne*

Sun Jan 8-Mar 25 1:30pm-4:30pm  
21005.101SN-.106SN \$221/13 sessions

### Sunset Children's Choir (6-12yrs)

*Shantha Gunasekera*

This class will introduce children to simple vocal techniques using all types of children's songs. Shantha has a (Ethnomusicology) Master in Music, as a Pianist she has worked with children's school choirs for many years and the UK Royal Schools of Music.

Sun Jan 8-Feb 26 9:30am-10:30am  
21101.101SN \$132/8 sessions