

Art

Art Masterpieces with Aggie (1-3yrs)

Aggie Bakopanos

Projects will be created using: paints, glitter, molding dough, stickers, glue, play dough and more. The class will include stories and songs (action songs). Enjoy making art together. Adult participation required.

Tue Jan 10-Mar 6 11:45am-12:45pm
12301.101SN \$56.70/9 sessions



Exploring Art Together (1-2yrs)

Grace Dogillo

Enjoy lots of wonderful theme based art activities. Create and play together. All supplies included.

Thu Jan 12-Mar 8 9:45am-10:30am
12305.101SN \$56.70/9 sessions

Exploring Art Together (2-3yrs)

Grace Dogillo

Thu Jan 12-Mar 8 10:45am-11:30am
12305.102SN \$56.70/9 sessions

Paint and Play (1-2yrs)

Sylvia Richman

Have fun peeling stickers, coloring with markers, stamping with different stamps and colored inks and finger-painting with hands and brushes using non-toxic water soluble materials. At the end of the season each child will have a scrapbook (featuring their photo on the cover) filled with their art made in the classes. Parent participation required. Sylvia has a Bachelor of Fine Arts degree from Calgary University.

Wed Jan 18-Mar 21 9:45am-10:30am
12302.101SN \$65/10 sessions

Paint and Play (2-4yrs)

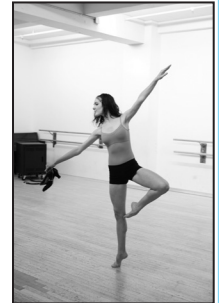
Sylvia Richman

Wed Jan 18-Mar 21 10:45am-11:30am
12302.102SN \$65/10 sessions

Dance

Billie Murphy

Billie Murphy has been singing, dancing, and acting since a young age. She spent three years training in New York at The American Musical and Dramatic Academy, Steps on Broadway and The New Dance Group in dance and musical theatre. She holds a diploma in Musical Theatre/Dance from The American Musical and Dramatic Academy.



Parent & Tot Ballet With Billie (1yrs-3yrs)

Billie Murphy

This exciting program incorporates singing and dancing as you and your toddler explore the wonder and dynamics of movement together. Lots of fun. Parent participation required.

Tue Jan 10-Mar 6 4:00pm-4:30pm
11603.101SN \$39.60/9 sessions

Ballet Parent & Tot (1.5-2yrs)

Billie Murphy

Come learn the building blocks of ballet, the technical basis for all forms of dance. This pre-ballet class will focus on listening skills, musicality, flexibility, balance and fun! Dance technique will be learned through song, games and parent/child activities. Parent participation is required.

Thu Jan 12-Mar 8 10:15am-10:45am
11620.101SN \$39.60/9 sessions

Ballet Parent & Tot (2-3yrs)

Billie Murphy

Thu Jan 12-Mar 8 10:45am-11:15am
11620.102SN \$39.60/9 sessions

Pre-Ballet With Billie Level 1 (4-5yrs)

Billie Murphy

This class is an introduction to ballet. Basic ballet exercises and positions will be taught. Please come in a body suit and ballet slippers.

Tue Jan 10-Mar 6 4:30pm-5:15pm
11604.101SN \$55.80/9 sessions

Pre-Ballet With Billie Level 2 (4-5yrs)

Billie Murphy

Level 2 requires previous ballet experience as it is a continuation of Level 1.

Tue Jan 10-Mar 6 5:15pm-6:00pm
11604.102SN \$55.80/9 sessions

Dance

Yana Draguieva

Yana Draguieva has taught Classical ballet for children and professional students for 16 years. She graduated as a professional ballet dancer in Bulgaria and has danced for companies in Europe and Canada. For the last four years Yana has worked in Singapore as Head of Dance for Children Recreational Dance Program.

Ballet through Creative Dance (3-5yrs)

Yana Draguieva

Classes will include songs, movement explorations, basic ballet steps, games, and a variety of fun music. Wear something comfortable and get ready to dance!

Sun Jan 8-Mar 4 11:05am-11:50am
11605.102SN \$55.80/9 sessions

Kinderdance Introduction (2-3 1/2 yrs)

Yana Draguieva

An introduction to moving through creative dance. Aspiring little dancers will use songs, movement and games to explore coordination, rhythm, spatial awareness, and cooperation. Parents are required to participate with their little ones.

Sun Jan 8-Mar 4 10:30am-11:00am
11601.101SN \$39.60/9 sessions

Bhangra Dance (3-5yrs)

Sandip Rakhra

Bhangra is a high energy folk dance that originates from Punjab. This class will introduce students to Bhangra music and sets of simple and easy Bhangra moves. Emphasis in this class will be on feeling the dhol beat and having fun! Drop in \$7.

Sat Jan 14-Mar 10 1:30pm-2:15pm
11619.101SN \$50.75/9 sessions

Hip Hop Intro (5-6yrs)

Tanya Sanghera

This program allows kids to play with the super funky rhythms, movements and style of Hip Hop dance! There is a steady progression throughout the session from grooving and feeling the beat in different styles to learning steps and then combining steps into a choreographed routine.

Sat Jan 14-Mar 10 10:45am-11:30am
11608.101SN \$49.50/9 sessions



Story Play Drama (3-6 years)

Maggie Winston

In this fun filled drama class children will engage with stories and folktales from all over the world. Children will dress up in costumes provided to be anyone they want!. Stories are acted out by the whole class in a free, improvised, and play based manner. Participants will develop listening skills, imagination, body awareness and cooperative play. Maggie Winston is a professional puppeteer, performance artist, and drama educator and is one of the artists from Something Collective in The Incubator at Moberly Arts 7 Cultural Centre.

Mon Jan 9-Mar 5 9:30am-10:30am
11010.101SN \$60/9 sessions



Educational

Jade He

Jade He holds a Master's Degree in Education from East China Normal University Shanghai and concentrated on obtaining a solid foundation for teaching languages. She has native fluency in Chinese and is articulate in English. Jade incorporates songs and stimulating arts and crafts, stories, games and plays to make learning appealing in an immersion setting.

Mandarin Fun Level I (3.5-6yrs)

Jade He

This class is designed for children to have fun while learning the Mandarin language. Jade will incorporate songs with stimulating arts and crafts, stories, and games to make learning more fun. Give your children a 'leg up' as through this program, your child will become familiar with Mandarin skills at an early age.

Mon Jan 9-Mar 5 1:00pm-3:00pm
15002.101SN \$116.10/9 sessions

Mandarin Fun Level 2 (3.5-6yrs)

Jade He

Level 2 is designed for children who have completed Level 1 or who have more advanced Mandarin skills. Your child will become more familiar with daily conversation, phrases and songs as well as more advanced language skills.

Mon Jan 9-Mar 5 3:30pm-5:00pm
15002.102SN \$116.10/9 sessions

Fun With ABC's & 123 with Aggie (3-5yrs)

Aggie Bakopanos

In this exciting class your child will learn a new theme each week. These themes include art activities, letters, and numbers. Children will have open play time to further develop social interactions and create new friendships. Participants must be toilet-trained and bring a healthy snack. Aggie has a Diploma in Early Childhood Education from Langara College. Drop-in \$11.

Tue Jan 10-Mar 6 9:15am-11:30am
15403.101SN \$91.80/9 sessions



Shantha Gunasekera

Shantha holds a Masters Degree in Arts (Music) from Russia and a diploma in music from Sri Lanka. She also has her Child Care Certificate from Vancouver Community College.

Math and Pre-reading Fun (3-5yrs)

Shantha Gunasekera

Learn basic math and pre-reading fun skills.

Mon Jan 9-Mar 5 9:30am-11:30am
15404.101SN \$135/9 sessions

Now I know My ABC's (3-5yrs)

Shantha Gunasekera

Explore the world of letters, numbers, shapes and more through stories, rhymes, songs, and art. Classes will include recognition, sequencing and writing of letters and numbers. Creative free play and physical activity will be included in daily activities. Participants must be toilet-trained and come with a healthy snack each class.

Wed Jan 11-Mar 7 9:15am-11:15am
15401.102SN \$135/9 sessions

Pre-reading Skills (3-5yrs)

Shantha Gunasekera

Program will include letter sounds, word recognition, 2-3 syllable word puzzles, tracing words, matching words and pictures. Participants must be toilet trained and come with a healthy snack each class.

Fri Jan 13-Mar 9 9:15am-11:15am
15402.101SN \$108/9 sessions

Baby Sign Language (0-18 month)

Sheri Kauhausen

Did you know that babies understand and can communicate long before they are able to speak? Using songs and games, learn basic American Sign Language (ASL) hand gestures to facilitate this communication with your hearing child. Bring your baby to class. Sleeping babies welcome.

Mon Feb 20-Mar 19 12:30pm-1:15pm
15010.101SN \$59/5 sessions

Martial Arts

Karate Parent & Tot (18mos-3yrs)

Kenny Lim

Toddlers can explore the world of physical fitness, skill learning and social development with a parent along side for comfort and support.

Sun Jan 15-Mar 18 12:45pm-1:15pm
13401.101SN \$44/10 sessions

JO - Karate Parents & Tots (18mos-3yrs)

Kenny Lim

This program takes place at John Oliver High School. Parking lot is on St George St (one Block west of Fraser and 41st Ave).

Sat Jan 14-Feb 11 12:45pm-1:15pm
13499.101SN \$22/5 sessions
Sat Feb 25-Mar 24 12:45pm-1:15pm
13499.102SN \$22/5 sessions



Lil' Ninjas (3-5 yrs)

Kenny Lim

Each child will learn the basic fundamentals of karate; punches, kicks and forms will be taught in a safe and friendly space. Karate is an individual sport that encourages participants to achieve goals.

Wednesdays (3-5 yrs)

Wed Jan 18-Mar 21 3:30pm-4:00pm
13402.101SN \$44/10 sessions

Thursdays (3-5 yrs)

Thu Jan 12-Mar 15 3:30pm-4:00pm
13405.101SN \$44/10 sessions

JO- Saturdays (3-5 yrs)

This program takes place at John Oliver High School. Parking lot is on St George St (one Block west of Fraser and 41st Ave).

Sat Jan 14-Feb 11 1:15pm-1:45pm
13498.101SN \$22.50/5 sessions
Sat Feb 25-Mar 24 1:15pm-1:45pm
13498.102SN \$22.50/5 sessions

Lil' Grasshoppers (3-5yrs)

Kenny Lim

Praise, encouragement and positive reinforcement will become common practices taught by the dojo. Karate is an individual sport that encourages participants to achieve goals. Participants will be challenged each class and a few will be awarded a prize based on their personal performance during that class. Your child needs to have completed Lil' Ninjas or instructors approval is required.

Thu Jan 12-Mar 15 4:00pm-4:30pm
13403.101SN \$44/10 sessions

Music

Barbara Duncan

Barbara is a trained Early Childhood Education, self taught guitar player with a repertoire of hundreds of songs (and growing). Her love of children and music is evident in her passion and enthusiasm for her job.

Merry Music Method (Newborn to 36 mos)

Barbara Duncan

Learn about colours, shapes and numbers in a fun interactive way! Music benefits language learning, improves memory, focuses attention and develops physical coordination. Class will include circle time, finger plays (action songs), instrument play, songs on guitar and more. Parent participation required.

Set 1 (Newborn to 12 mos)

Mon Jan 2-Jan 23 9:30am-10:00am
11001.101SN \$26/4 sessions

Set 1 (12-24 mos)

Mon Jan 2-Jan 23 10:10am-10:50am
11002.101SN \$28/4 sessions

Set 1 (24-36 mos)

Mon Jan 2-Jan 23 11:00am-11:50am
11003.101SN \$28/4 sessions

Set 2 (Newborn to 12 mos)

Mon Feb 13-Mar 5 9:30am-10:00am
11001.102SN \$26/4 sessions

Set 2 (12-24 mos)

Mon Feb 13-Mar 5 10:10am-10:50am
11002.102SN \$28/4 sessions

Set 2 (24-36 mos)

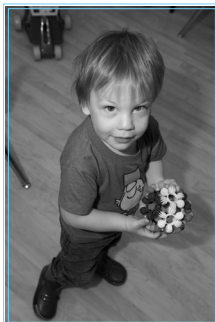
Mon Feb 13-Mar 5 11:00am-11:50am
11003.102SN \$28/4 sessions

Sports

Playgym (0-4yrs)

Aggie Bakopanos

They will burn lots of energy playing with the mini-trampoline, slide, seesaw, cars and more. **Babies under 12 months are free. Parent participation is required. Drop-in \$3.00 or punch card 10 visits for \$28. Ask the front desk for a discount if your child is registered for a program. No program Feb 10.**



Mon Jan 9-Mar 5	10:00am-11:30am
Wed Jan 4-Mar 7	10:00am-11:30am
Thu Jan 5-Mar 8	10:00am-11:30am
Fri Jan 6-Mar 9	10:00am-11:30am

JO - Mini Soccer (3-5yrs)

Gaurav Shukla

Action packed mini soccer is here! Come and Join Gaurav on Saturday morning at John Oliver High School. Our program incorporate games and activities to teach your preschooler basic soccer skills in a fun and safe environment. ****No class on Feb 18, 2012.** This program takes place at John Oliver High School. Parking lot is on St George St (one Block west of Fraser and 41st Ave).**

Sat Jan 14-Mar 24	10:00am-10:45am
15099.101SN	\$37/10 sessions
Sat Jan 14-Mar 24	10:45am-11:30am
15099.102SN	\$37/10 sessions

Mini Soccer (4-5yrs)

Bal Athwal

This fun class will teach you how to dribble, pass, kick and score your way into the net. Learn the rules of the game in a fun environment while doing some exciting drills.

Sat Jan 14-Mar 10	9:15am-10:00am
13002.101SN	\$33.75/9 sessions

Rhythmic Gymnastics (4-6yrs)

Rhythmic Club Elite

Rhythmic gymnastics combines the grace of ballet and the strength of artistic gymnastics with the challenging manipulation of colourful hand apparatus. Participants will learn basic body movements of apparatus technique while moving to various musical rhythms. This is a wonderful sport to test hand-eye coordination, balance, agility, flexibility, and rhythm.

Fri Jan 13-Mar 23	3:15pm-4:00pm
13010.101SN	\$78/12 sessions

Sportball

These programs will introduce age appropriate activities which include creative games of hockey, soccer, tennis, baseball, basketball, volleyball and golf. They reinforce the benefits of teamwork and skill development rather than the importance of winning.

Sportball - Junior (16mos - 24mos)

Sportball Sportball

Tue Jan 10-Mar 6	9:45am-10:30am
13101.101SN	\$135/9 sessions

Sportball - Parent and Tot (2-3yrs)

Sportball Sportball

Tue Jan 10-Mar 6	10:45am-11:30am
13102.101SN	\$135/9 sessions

Sportball - Multi-Sport (3-5yrs)

Sportball Sportball

Sunset Preschool Families: Come and join the Sportball team for a Sportball class on Tuesdays from 12:00pm-1:00pm. The coaches will pick up your child from school and walk them over to the gym for the class!

Tue Jan 10-Mar 6	12:00pm-1:00pm
13103.101SN	\$90/9 sessions

Sports and Shorts (3-5 yrs)

Bal Dhillon

Have fun playing hockey, soccer, basketball and running games! Learn sport skills in a fun environment while making new friends. \$6 drop-in.

Mon Jan 9-Mar 5	3:30pm-4:30pm
13005.101SN	\$48.60/9 sessions

Sports, Games and Fun (3-5 yrs)

Bal Dhillon

In this energizing class children will play lots of fun and educational games, and learn the basics of their favourite sport! \$6 drop-in.

Tue Jan 10-Mar 6	2:00pm-3:00pm
13006.101SN	\$48.60/9 sessions

Tot Soccer (3-5 yrs)

Bal Dhillon

Have fun in this playful soccer class! Learn soccer skills in a fun environment while making new friends with other tots! \$6 drop-in.

Thu Jan 12-Mar 8	3:30pm-4:30pm
13004.101SN	\$48.60/9 sessions